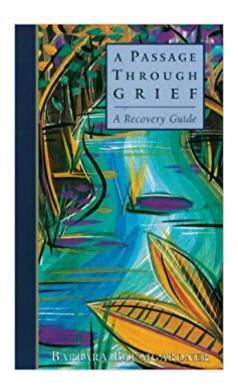


The book was found

A Passage Through Grief: A Recovery Guide





Synopsis

When the loss of a loved one is too difficult to talk about, many people have come to grips with their sorrow through writing. Keeping a journal can be a valuable step in the healing process, especially in the dark of night when grief intensifies and sleep eludes you. Especially when there were still things to resolve. Especially if you didn't get to say good-bye. After her husband's death, Barbara Baumgardner turned to journaling to put her thoughts in perspective and express the things she felt she couldn't talk about. In A Passage through Grief, she guides you in the journaling process and shares writings from other grieving people who have let their feelings flow out onto paper rather than holding them inside. A guide for leaders of support groups is also included in this book.

Book Information

Paperback: 160 pages

Publisher: B&H Books; Reprint edition (April 15, 2002)

Language: English

ISBN-10: 0805426280

ISBN-13: 978-0805426281

Product Dimensions: 5.5 x 0.4 x 8.5 inches

Shipping Weight: 6.9 ounces

Average Customer Review: 4.2 out of 5 stars 5 customer reviews

Best Sellers Rank: #615,811 in Books (See Top 100 in Books) #31 inà Books > Christian Books & Bibles > Churches & Church Leadership > Ministry to the Sick & Bereaved #605 inà Â Books >

Christian Books & Bibles > Christian Living > Death & Grief #1101 inà Â Books > Self-Help >

Relationships > Love & Loss

Customer Reviews

This book is a good way to help people work through their grief toward healing.

I got this for my Step-Daughter after her Mom passed away recently. It has been a big help for her.

Grief is difficult to go through and this book can help you process those feeling that can feel like waves coming over you. I have given this book to many and it has helped them through.

Not very interesting or useful

This book gently leads us through the process of recovering from a variety of losses, but most effectively from a death of a friend or loved one. We are encouraged to face our new situation in the light of God's unfailing love and faithfulness.

Download to continue reading...

GRIEF AND LOSS: THE FIVE STAGES OF GRIEF AND HEALING TECHNIQUES USED FOR SUPPORTING SOMEONE WHO JUST LOST A LOVE ONE (FREE EBOOK INSIDE) (Grief Recovery, ... Grief therapy, Grief counseling) A Passage Through Grief: A Recovery Guide Addiction: The Last ADDICTION RECOVERY Guide - The Infallible Method To Overcome Any Addiction: (addiction, addiction recovery, breaking addiction, overcoming ... addiction recovery, recovery, clean Book 4) Adventure Guide Inside Passage & Coastal Alaska (Adventure Guide to the Inside Passage & Coastal Alaska) (Adventure Guide to Coastal Alaska & the Inside Passage) On Grief and Grieving: Finding the Meaning of Grief Through the Five Stages of Loss Lupus Recovery Diet - The Natural Lupus Recovery Solution: (Recover from Lupus with the Lupus Recovery Diet) Muscle Recovery: Tips for Faster Muscle Recovery, Growing Stronger Muscle and Overcoming Muscle Soreness (Muscle Growth, Muscle Soreness, Workout, Workout Recovery, Muscle Strength) Grief Counseling and Grief Therapy, Fourth Edition: A Handbook for the Mental Health Practitioner Grief and Loss: The Five Stages of Grief and Healing Techniques Used for Supporting Someone Who Just Lost a Love One Transforming Traumatic Grief: Six Steps to Move from Grief to Peace After the Sudden or Violent Death of a Loved One Understanding Your Suicide Grief: Ten Essential Touchstones for Finding Hope and Healing Your Heart (Understanding Your Grief) Alone in the Passage: An Explorers Guide to Sea Kayaking the Inside Passage The Twelve (Book Two of The Passage Trilogy): A Novel (Book Two of The Passage Trilogy) The Passage: A Novel (Book One of The Passage Trilogy) The Grief Recovery Handbook, 20th Anniversary Expanded Edition: The Action Program for Moving Beyond Death, Divorce, and Other Losses including Health, Career, and Faith The Grief Recovery Handbook for Pet Loss Grief Recovery for Teens: Letting Go of Painful Emotions with Body-Based Practices (The Instant Help Solutions Series) Breast Cancer Prevention and Recovery: The Ultimate Guide to Healing, Recovery and Growth: prostate cancer, bone cancer, brain cancer, breast cancer, colorectal, ... cancer killers, cancer is not a disease,) Multiple Sclerosis - Diet for Recovery: The Multiple Sclerosis Autoimmune Disease Recovery Diet Guide for Beginners Healing the Child Within: Discovery and Recovery for Adult Children of Dysfunctional Families (Recovery Classics Edition)

DMCA

Privacy

FAQ & Help